

# 卡城華人耆英會 疫情送暖大行

## 溫情送暖，共抗疫情

在這抗疫期間，如果你感到心煩不安，情緒備受困擾，可致電本會 **抗疫情緒支援熱線(403)618 6991** 與我們的社工聯絡。如果你需要人幫忙申請老人福利，報稅，查詢失業保險金或疫情緊急援助金，可致本會 **外展部(403)269 6122** 與我們的外展員聯絡。

**電話送暖：**耆英會於4月27號起有職員或義工打電話給各會員，送上關心慰問及進行一項簡單需要問卷調查，以了解長者對疫情的需要及對服務的意見。

**抗疫平安包及口罩送贈：**抗逆期間，耆英會於5月份特別為500有需要的長者送上【**抗疫平安包**】：包括口罩，抗逆指南和慰問卡。如果你是年過70歲，獨居或與配偶同住，低收入，或行動不便，或有特別需要而無法外出購物或買不到口罩的長者，可於4月27日前致電耆英會 **(403)269 6122** 查詢及登記索取平安包，本會將安排送贈，會員優先，送完即止。

## 義工招募：送暖義工司機

因受疫情影響，我們的長者需長期留在家中。耆英會現正招募一些義工成為我們的送暖大軍，將一些物資，**抗疫平安包**(口罩，抗逆指南和慰問卡)送到長者家門，以示關心支持。義工要用自己的車負責送運，申請者必需擁有車牌，有興趣者，請電(403)9996827或電郵patrick.ng@cceca.ca 與吳生聯絡。

## 義工招募：電話送暖義工

我們身邊有一班華裔長者，因受疫情影響，需要長時間留在家中保持社交距離，因此生活大受影響。一聲簡單的問候，三數句的關心，足夠令他們安心起來！耆英會現正招募義工 **透過電話向長者慰問**及進行疫情需要調查問卷，希望表達支持。有興趣者，請電(403)999 6827或電郵patrick.ng@cceca.ca 與吳先生聯絡。

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歡迎您成為耆英會的送暖大軍

# Caring Action During COVID-19 Pandemic

The Calgary Chinese Elderly Citizens' Association

## Be Care and Be Support to you

**Emotional support:** If you feel stressed, distressed, and anxious triggered by the COVID-19 outbreak, you can call our **COVID-19 EMOTIONAL SUPPORT HELPLINE at (403) 618-6991** to talk to our social workers for emotional support and ask for referral to professional clinical counseling services.

**Resources Support:** We are also here to help you with the application of senior benefits, filling tax return, employment insurance or pandemic-related benefits. Please call our **Outreach workers at (403) 269-6122** for details.

## Be Support phone call

CCECA staff and volunteers will call our members to provide friendly greeting and updated resources starting from **April 27, 2020**. We will also conduct a simple needs assessment survey to identify immediate needs and challenges that seniors are facing during the pandemic as well as their opinions on our services.

## Be Safe, Be Well resources package given away

Our staff and volunteer are going to distribute a Be Safe and Be well resources package to 500 seniors in May 2020. The resource package includes 2 masks, resources list and self-care information in Chinese and a Be well card. If you are aged 70 or above, lives alone or with spouse, having low income, poor mobility or with limited support to purchase mask and get resources, please call (403) 269-6122 before April 27 to register to get a free resources package. Priority will be given to CCECA members.

## Volunteer Recruitment:

### Volunteer driver to deliver Resources Packages

Job description: deliver the resources packages to the seniors' home to show love and care. Job started in April 27 to mid of May 2020

Requirement: volunteer must have a valid driver license and has access to a vehicle.

### Volunteer to conduct phone call

Job description: call seniors to provide friendly greeting and updated resources, to conduct a simple needs assessment survey starting from April 27.

Requirement: Willing to use their own phone to call seniors at home. With communication and caring skills and be patience to listen to seniors

Please call (403) 999 6827 or by email: patrick.ng@cceca.ca if you are interested

Please join our caring team to support seniors during COVID-19 pandemic! Thank you for your support.